



LEAVELL COLLEGE

AT NEW ORLEANS BAPTIST THEOLOGICAL SEMINARY

Introduction to Counseling: LCGE 2390-30
Thursday, 8:00 – 10:00 pm

Spring 2021 (213)

Keny Felix, PHD, LMHC, LPC, CPCS
Adjunct Instructor
Office: 954-302-8900
Office hours: Thursday, 7:00-8:00 PM, By appointment

New Orleans Baptist Theological Seminary and Leavell College prepare servants to walk with Christ, proclaim His truth, and fulfill His mission.

COURSE DESCRIPTION

Students will study the counseling profession and be introduced to the process of certification and licensure in counseling. In this course, students will be exposed to various theories that are utilized in counseling, along with an evaluation of their worldview and effectiveness. Students will also explore a variety of topics that he or she is likely to encounter in various counseling settings.

COURSE STUDENT LEARNING OUTCOMES

At the conclusion of the semester, the student will:

1. Become familiar with a variety of theories of counseling and various techniques that have emerged from these approaches.
2. Be introduced to ethical and professional issues related to helping professions.
3. Become equipped with basic knowledge and skills necessary to effectively minister to hurting people through a counseling relationship.

COURSE TEXTS

The following textbooks are required:

Collins, Gary. *Christian Counseling: A Comprehensive Guide*. Dallas, TX: Thomas Nelson Publishers, 2006.

Darkness to Light. *Stewards of Children*. Charleston, SC: Darkness to Light, 2013.

The following textbooks are optional:

Clinton, Tim, and Ron Hawkins. *Biblical Counseling: Quick Reference Guide*. Nashville,

TN: Baker Books, 2009.

Hybels, Bill. *Simplify: Ten Practices to Unclutter Your Soul*. Carol Stream, IL: Tyndale, 2014.

COURSE REQUIREMENTS

1. As per the Leavell College Catalog, school policies regarding absences and tardies will be strictly enforced. Any student missing more than nine hours will automatically receive a grade of “F” for the course. Every three occasions of arriving late for class or leaving early from class will be counted as one hour of absence. Roll will be taken at the beginning of each class period and after each break. The student is responsible for contacting the teacher if he/she is tardy and the roll has already been taken. The student is responsible for all material, including that which was covered during an absence. The student is responsible to get copies of notes and handouts. Emailed assignments will not be accepted without prior approval. **All late assignments will be penalized five points for the first day and one point per day thereafter with no assignment being accepted more than two weeks past the due date.**

2. Exams will consist of multiple choice, true/false, short answer, and discussion questions. Students should not assume that the study guide, if one is given, is comprehensive to what will be on the exam. If an emergency prevents a student from taking a scheduled exam, it is that student’s responsibility to reschedule with the instructor. If a student misses an exam and does not get preapproval from the instructor and/or cannot provide documentation (doctor’s note, police report, death of loved one) they will not be allowed to make up the exam. The exam must be made up within one week of the missed exam. After one week, the student will earn a grade of 0 for the assignment.

3. Each student will research an issue for which individuals seek counseling. Included in the research will be various options for helping someone with the selected issue and an evaluation of the merit of each option. Students must approve their topic with the instructor. Failure to do so will result in a five-point penalty on the final paper. The paper will be 5-7 pages, typed, double-spaced in Times New Roman 12 and adhere to Turabian guidelines. Students will sign up for dates to present their findings in class. Students will be required to prepare a one-page handout to be distributed the day of their class presentation. More details will be provided.

4. Throughout the semester, students will be asked to complete assignments as related to topics of classroom discussion. A list of assignments, instructions, and due dates will be provided. If a student misses a class in which a DVD is shown that is needed to complete an assignment, the student has two weeks in which to make that up without penalty.

5. Class participation is essential; therefore, a class participation grade will be given. Each student is responsible for being in class on time, dressed appropriately for class, reading the assigned chapters, and participating in class discussion. Absences and excessive tardies will affect the participation grade. The participation grade is worth 5% of the total grade.

6. The final grade for the course will be tabulated according to the following percentage breakdown:

Exam I (Thursday, Feb. 25)	20%
Exam II (Thursday, April 8)	20%
Final Exam (Thursday, May 6)	20%
Paper & Presentation (Paper Due March 25)	20%

Participation	5%
Homework/Exercises	15%
	100%

GRADING SCALE

- A: 93 - 100
- B: 85 - 92
- C: 77 - 84
- D: 70 - 76
- F: below 70

COURSE OUTLINE

All topics and dates (except the final exam) are subject to change. Note: Readings should be completed prior to coming to class.

Week	Date	Topic	Reading	Assignment
1	Jan. 21	Introduction / Syllabus The Counseling Profession The Goals & Process of Counseling	Chapters 1, 2, 5	
2	Jan. 28	Ethical Issues in Counseling/The Ministry of Referral Multicultural Issues Boundaries/Self-Care	Chapters 6, 7, 42	
3	Feb. 4	Darkness to Light Child Abuse/Neglect Mandatory Reporting	Chapter 22	Questions for Self-Exploration Due
4	Feb. 11	Suicidality /Self-Harm Developmental Issues, I	Chapter 38 Chapter 13-14	Suicide Survivor DVD/Observer Record Research Paper Topic Due
5	Feb. 18	Developmental Issues, II Asking Good Questions	Chapters 15-17	Asking Good Questions Observer Record
6	Feb. 25	Exam 1		Exam 1
7	Mar 4	Depression and Anxiety Grief	Chapters 8-9, 25	Grief Counseling DVD/Observer Record

Week	Date	Topic	Reading	Assignment
8	Mar 11	Anger Guilt & Forgiveness	Chapters 10, 11	
9	March 15-19	Spring Break—No Class		
10	Mar 25	Inferiority & Self-Esteem Perfectionism/Obsessive Compulsive Disorder	Chapter 23	Research Paper Due
11	April 1	Sex Substance abuse & addiction	Chapters 19-20, 34-35	
12	Apr 8	Exam 2		Exam 2
13	Apr 15	Understanding the Family	Chapters 28-32	
14	Apr 22	Psychoanalytic Therapy Behavioral Therapy Cognitive Therapy Solution-Focused Therapy		
15	April 29	Conclusion/Wrap Up		Personal Code of Ethics Due
16	May 6	Final Exam		Final Exam

ADDITIONAL COURSE INFORMATION

1. Attendance Policy: Leavell College follows the attendance policy as stated in the Leavell College catalog.
2. Policy for Late Submissions: All late assignments will be penalized five points for the first day and one point per day thereafter, with no assignments being accepted more than one week past the due date.
3. Plagiarism Policy: A high standard of personal integrity is expected of all Leavell College students. Copying another person's work, submitting downloaded material without proper references, submitting material without properly citing the source, submitting the same material for credit in more than one course, and committing other such forms of dishonesty are strictly forbidden. *Although anything cited in three sources is considered public domain, we*

require that all sources be cited. Any infraction may result in failing the assignment and the course. Any infraction will be reported to the Dean of Leavell College for further action.

4. *Classroom and Online Decorum*: Each student is expected to demonstrate appropriate Christian behavior. The student is expected to interact with other students in a fashion that will promote learning and respect for the opinions of the others in the course. A spirit of Christian charity is expected at all times. Electronic devices should be used only for classroom purposes as indicated by the professor.
5. *Special Needs*: If you need accommodations for a disability, please set up a meeting with the professor for consideration of any modifications you may need.
6. *Emergency Plan*: In the event the NOBTS schedule is impacted due to a natural event, go to the seminary's website for pertinent information. Class will continue as scheduled through the Blackboard site. Please note announcements and assignments on the course's Blackboard site.
7. *Technical Assistance*: For general NOBTS technical help, go to www.NOBTS.edu/itc/

SELECTED BIBLIOGRAPHY

Adler, Alfred. *Individual Psychology*. Totowa, NJ: Rowman and Allanheld, 1973.

Beavers, Robert W., and Robert B. Hampson. *Successful Families: Assessment and Intervention*. New York: Norton, 1990.

Corey, Gerald, M.S. Corey, and Poleck Cullman. *Issues and Ethics in the Helping Professions* 6th ed. Pacific Grove, CA: Brooks/Cole, 2002.

Ecker, Bruce, and Laurel Hulley. *Depth-Oriented Brief Therapy*. San Francisco: Jossey-Bass, 1996.

Freud, Sigmund. *Introductory lectures on Psychoanalysis*. NY: Simon & Schuster, 1984.

Huber, Charles H. *Ethical, legal and Professional Issues in the Practice of Marriage and Family Therapy*. 3rd ed. Columbus: Merrill Publishing Co., 2000.

Jung, Carl G. *Memories, Dreams, Reflections*. NY: Vintage Books, 1965.

Kellemen, Robert. *God's Healing for Life's Losses: How to Find Hope When You're Hurting*. Winona Lake, IN: BMH Books, 2010.

Kirwan, William T. *Biblical Concepts for Christian Counseling: A Case for Integrating Psychology and Theology*. Grand Rapids, MI: Baker Book House, 1984.

McMinn, Mark R., and Timothy Phillips, eds. *Care for the Soul*. Downers Grove, IL: Intervarsity, 2001.

- Malony, H. Newton. *Psychology of Religion: Personalities, Problems, Possibilities*. Grand Rapids, MI: Baker Book House, 1991.
- Maslow, Abraham H. *Motivation and Personality*. 2nd ed. N.Y., Harper & Row, 1970.
- Rogers, Carl R. *Client-Centered Therapy*. Boston: Houghton Mifflin Co., 1951.
- Rotter, Julian B. *The Development and Application of Social Learning Theory*. Westport, CT: Praeger Publishers, 1982.
- Seligman, L. *Selecting Effective Treatments*. San Francisco, CA: Jossey-Bass Publications, 1998.
- Skinner, B.F. *Beyond Freedom and Dignity*. NY: Bantam Books, 1980.
- Switzer, David K. *Pastoral Care Emergencies*. Mahwah, NJ: Paulist Press, 2001.
- Wicks, Robert J., Richard D. Parsons, and Donald E. Capps, eds. *Clinical Handbook of Pastoral Counseling*. Mahwah, NJ: Paulist Press, 1993.
- Wright, Norman. *The Complete Guide to Crisis and Trauma Counseling: What to Do and Say When It Matters Most*. Ventura, CA: Regal Books, 2011.